



## Critical Illness Insurance

Protection when faced with a critical illness diagnosis

### THINK ABOUT THIS



Every 40 seconds, an American will suffer a heart attack<sup>†</sup>



Every 40 seconds, someone in the U.S. has a stroke<sup>\*\*</sup>

Coverage offered to the employees of:

## Griffin Food Company

If you're diagnosed with a critical illness and it keeps you out of work, the financial worries can grow quickly. Critical Illness Insurance from Allstate Benefits can help ease your mind, so you worry less.

#### Here's How It Works

- Select a benefit and premium amount to meet your needs
- Premiums will be deducted each pay period
- If you're diagnosed with a critical illness, file a claim and receive a lump-sum cash benefit

#### Protecting Your Finances

You've worked hard for your savings - don't let a critical illness wipe them out.

- Protect your checking and savings
- Don't dip into your HSA or 401(k)



Practical benefits for everyday living.<sup>®</sup>

#### Meeting Your Needs

- Guaranteed Issue coverage with a Pre-Existing Condition Limitation\*
- Coverage can include your dependents
- Benefits paid regardless of any other medical or disability plan coverage
- Coverage may be continued; refer to your certificate for details

<sup>†</sup>[https://www.cdc.gov/heartdisease/heart\\_attack.htm](https://www.cdc.gov/heartdisease/heart_attack.htm). <sup>\*\*</sup><https://www.cdc.gov/stroke/facts.htm>. \*Please refer to the Exclusions and Limitations section of this brochure.



# Meet Carlos

## CHOOSE

Carlos signs up for Allstate Benefits Critical Illness Insurance during his employer's Open Enrollment.

## USE

A few months later, Carlos learns he has coronary artery disease. Here's his story:



### Wellness Exam

Carlos' doctor detects heart issues during his annual wellness exam



### Diagnosis

After more tests and a visit to a cardiologist, Carlos is diagnosed with coronary artery



### Decision

His doctor recommends surgery to remove a blockage and tells Carlos his recovery will take six to eight weeks



### Surgery

Carlos has bypass surgery and is in the hospital for 4 days



### Recovery

Carlos goes home to begin his recovery and has regular doctor visits

## CLAIM

Carlos files a claim with his Allstate Benefits Critical Illness coverage through the convenient web portal, **MyBenefits\***. He receives a lump-sum cash benefit for:

- Wellness Benefit
- Coronary Artery Bypass Surgery

### \*MyBenefits Claim Filing Portal

Offers 24/7 access to important information about your benefits. eSign, submit and check your claims (including claim history), request cash benefits to be direct deposited, make changes to personal information, and more.  
Access: [allstatebenefits.com/mybenefits](http://allstatebenefits.com/mybenefits)

## Here are some of the ways Carlos can use his cash benefits



### Finances

Can help protect HSAs, savings, retirement plans and 401(k)s from being depleted



### Travel

Can help pay for expenses while receiving treatment in another city



### Home

Can help pay the mortgage, continue rental payments, or home repairs for after care



### Expenses

Can help pay your family's living expenses such as bills, electricity, and gas

The example above details a fictional situation; your individual experience may vary. For a listing of benefits and benefit amounts, see pages 3 and 4.

# Critical Illness Insurance (GVCIP2)

from Allstate Benefits

Offered to the employees of:  
**Griffin Food Company**

## BENEFIT AMOUNTS

†Covered dependents receive 50% of your benefit amount

INITIAL CRITICAL ILLNESS BENEFITS†	PLAN 1
Heart Attack (100%)	\$20,000
Stroke (100%)	\$20,000
Major Organ Transplant (100%)	\$20,000
End Stage Renal Failure (100%)	\$20,000
Coronary Artery Bypass Surgery (25%)	\$5,000
Waiver of Premium (employee only)	Yes
CANCER CRITICAL ILLNESS BENEFITS†	PLAN 1
Invasive Cancer (100%)	\$20,000
Carcinoma in Situ (25%)	\$5,000
SUPPLEMENTAL CRITICAL ILLNESS BENEFITS II†	PLAN 1
Advanced Alzheimer's Disease (25%)	\$5,000
Advanced Parkinson's Disease (25%)	\$5,000
Benign Brain Tumor (100%)	\$20,000
Coma (100%)	\$20,000
Complete Blindness (100%)	\$20,000
Complete Loss of Hearing (100%)	\$20,000
Paralysis (100%)	\$20,000
OPTIONAL/ADDITIONAL BENEFIT	PLAN 1
Wellness Benefit (per year)	\$50

## PLAN 1 - MONTHLY PREMIUMS

\$20,000 Basic Benefit Amount

EE, EE + CH EE + SP, F

AGE	Non-Tobacco	
		EE, EE + CH
18-35	\$13.04	\$19.69
36-50	\$32.85	\$49.40
51-60	\$69.67	\$104.62
61-63	\$110.06	\$165.21
64+	\$162.64	\$244.09
Tobacco		
18-35	\$21.23	\$31.98
36-50	\$55.43	\$83.28
51-60	\$116.67	\$175.12
61-63	\$169.67	\$254.62
64+	\$251.05	\$376.70

EE=Employee; EE + SP = Employee + Spouse;

EE + CH = Employee + Child(ren); F = Family

FOR HOME OFFICE USE ONLY - GVCIP2

Opt 1 - PX; 2.0U Base; CR; SBR W/O; 2.0U WR;

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For use in enrollments situated in: OK. This rate insert is part of the approved brochure for Griffin Food Company and is not to be used on its own.

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**Benefits** - Benefits paid upon diagnosis of one of the following (subject to maximums as listed on page 3)

**INITIAL CRITICAL ILLNESS BENEFIT(S)** (Benefits paid once per covered person. When all benefits have been used, the coverage terminates)

**Heart Attack** - the death of a portion of the heart muscle due to inadequate blood supply. Established (old) myocardial infarction and cardiac arrest are not covered

**Stroke** - the death of a portion of the brain producing neurological sequelae including infarction of brain tissue, hemorrhage and embolization from an extra-cranial source. Transient ischemic attacks (TIAs), head injury, chronic cerebrovascular insufficiency and reversible ischemic neurological deficits are not covered

**Major Organ Transplant** - transplant of heart, lung, liver, pancreas or kidneys. Transplanted organ must come from a human donor

**End Stage Renal Failure** - irreversible failure of both kidneys, resulting in peritoneal dialysis or hemodialysis. Renal failure caused by traumatic events, including surgical trauma, are not covered

**Coronary Artery Bypass Surgery** - to correct narrowing or blockage of one or more coronary arteries with bypass graft. Abdominal aortic bypass, balloon angioplasty, laser embolectomy, atherectomy, stent placement and non-surgical procedures are not covered

**Waiver of Premium (employee only)** - premiums waived if disabled for 90 consecutive days due to a critical illness

**CANCER CRITICAL ILLNESS BENEFIT(S)** (Benefits paid once per covered person. When all benefits have been used, the coverage terminates)

**Invasive Cancer** - malignant tumor with uncontrolled growth, including Leukemia and Lymphoma. Carcinoma in situ, non-invasive or metastasized skin cancer and early prostate cancer are not covered

**Carcinoma In Situ** - non-invasive cancer, including early prostate cancer (stages A, I, II) and melanoma that has not invaded the dermis. Other skin malignancies, pre-malignant lesions (such as intraepithelial neoplasia), benign tumors and polyps are not covered

**SUPPLEMENTAL CRITICAL ILLNESS II BENEFIT(S)** (Benefits paid once per covered person. When all benefits have been used, the coverage terminates)

**Advanced Alzheimer's Disease** - must exhibit impaired memory and judgment and be certified unable to perform at least three daily activities without adult assistance. Daily activities include: bathing, dressing, toileting, bladder, and bowel continence, transferring and eating

**Advanced Parkinson's Disease** - must exhibit two or more of the following: muscle rigidity, tremor, or bradykinesia (slowness in physical and mental responses); and be certified unable to perform at least three daily activities without adult

assistance. Daily activities include: bathing, dressing, toileting, bladder, and bowel continence, transferring and eating

**Benign Brain Tumor** - a non-cancerous tumor confirmed by biopsy or surgical excision, or specific neuroradiological examination, and persistent neurological deficits including but not limited to: loss of vision; loss of hearing; or balance disruption. Tumors of the skull, pituitary adenomas, and germinomas are not covered

**Coma** - unconsciousness due to sickness or

traumatic brain injury, with severe neurologic dysfunction and unresponsiveness for 14 consecutive days. Requires significant medical intervention and life support. Medically induced Coma is not covered

**Complete Blindness** - irreversible reduction of sight in both eyes

**Complete Loss of Hearing** - total and irreversible loss of hearing in both ears

**Paralysis** - total and permanent loss of voluntary movement or motor function of 2 or more limbs

**OPTIONAL/ADDITIONAL BENEFIT(S)**

**Wellness Benefit** - 23 exams. Once per person, per calendar year for the following wellness services and tests: Biopsy for skin cancer; Bone Marrow Testing; Blood tests for triglycerides, CA15-3 (breast cancer), CA125 (ovarian cancer),

CEA (colon cancer), PSA (prostate cancer); Chest X-ray; Colonoscopy; Doppler screening for carotids or peripheral vascular disease; Echocardiogram; EKG; Flexible sigmoidoscopy; Hemocult stool analysis; HPV (Human Papillomavirus) Vaccination; Lipid panel (total cholesterol count);

Mammography, including Breast Ultrasound; Pap Smear, including ThinPrep Pap Test; Serum Protein Electrophoresis (test for myeloma); Stress test on bike or treadmill; Thermography; Ultrasound screening for abdominal aortic aneurysms



Practical benefits for everyday living.®



When you choose

**ALLSTATE BENEFITS,**

we can help give you and your family financial peace of mind.

**Are you in good hands?®**



We're the name you know and trust, protecting America's families for over 50 years. Our valuable coverage options help empower people to make the best decisions for their finances and their futures.

Once you've elected coverage, register with our convenient customer service portal, MyBenefits, for anytime access to your coverage details and important documents. MyBenefits also allows you to file claims quickly and easily – and get benefits deposited directly into your bank account (authorization required).

We can help give you and your family financial peace of mind.

**Are you in good hands?® You can be.**

## CERTIFICATE SPECIFICATIONS

**Eligibility** - Your employer decides who is eligible for your group (such as length of service and hours worked each week). Issue ages are 18 and over.

### **Dependent Eligibility/Termination** -

Family members eligible for coverage are your spouse or domestic partner and children. Coverage for children ends when the child reaches age 26, unless he or she continues to meet the requirements of an eligible dependent. Spouse coverage ends upon valid decree of divorce or your death. Domestic partner coverage ends when the domestic partnership ends or your death.

**When Coverage Ends** - Coverage under the policy ends on the earliest of: the date the policy is canceled; you stop paying your premium; the last day of active employment; you are no longer eligible; a false claim is filed; when all benefits have been paid under the policy.

**Continuing Your Coverage** - You may be able to continue coverage when coverage under the policy ends. Refer to your Certificate of Insurance for details.

## EXCLUSIONS AND LIMITATIONS

**Conditions and Limits** - A diagnosis occurring before your coverage begins is not payable; however, a diagnosis of any covered critical illness after your effective date will be payable. Benefits are subject to all limitations and exclusions. All critical illnesses must meet the definitions and dates of diagnoses stated in the certificate and be diagnosed by a physician while coverage is in effect. The date of diagnosis for each illness must be separated by 90 days. Emergency situations outside the U.S. will be considered when you return to the U.S.

If the first diagnosis of cancer occurs before the effective date of coverage, benefits are paid for a subsequent diagnosis of cancer after the effective date, subject to the terms and conditions in the certificate.

**Pre-Existing Condition Limitation** - Benefits are not paid for: a critical illness that is, caused by, contributed to by or results from, a pre-existing condition when the date of diagnosis is within 12 months after the effective date of coverage. A pre-existing condition is a condition, whether diagnosed or not, for which symptoms existed within the 12-month period prior to the effective date; or medical advice or treatment was recommended or received from a medical professional within 12 months prior to the effective date.

**Exclusions** - Benefits are not paid for: participation in a riot, insurrection or rebellion; intentionally self-inflicted injury or action; illegal activities or occupations; suicide while sane, or self-destruction while insane, or any attempt at either; substance abuse, including alcohol, alcoholism, drug addiction, or dependence upon any controlled substance.

This brochure is for use in enrollments situated in OK. This advertisement is a solicitation of insurance; contact may be made by an Allstate Benefits Agent, Agency, or Representative.

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Group Critical Illness benefits are provided under policy form GVCIP2, or state variations thereof.

**The coverage provided is limited benefit supplemental critical illness insurance.** The policy is not a Medicare Supplement Policy. If eligible for Medicare, review the Medicare Supplement Buyer's Guide available from Allstate Benefits.

This is a brief overview of the benefits available under the group policy underwritten by American Heritage Life Insurance Company (Home Office, Jacksonville, FL). Details of the coverage, including exclusions and other limitations are included in the certificates issued. For additional information, you may contact your Allstate Benefits Representative.

**The coverage does not constitute comprehensive health insurance coverage (often referred to as "major medical coverage") and does not satisfy the requirement of minimum essential coverage under the Affordable Care Act.**



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